

# Independent Practice Lactation Consultants (IBCLC)

---

- Ginette Bertrand RN/IA, BScN, IBCLC Since 1995 Visite à domicile ou à mon bureau/home or office visits  
Bilingue/bilingual 613-746-9480
- Sue Thériault Valin, BSc, IBCLC visite à domicile/home visits to Ottawa/Gatineau Virtual and phone consults,  
613-276-7793 [suetv.ibclc@gmail.com](mailto:suetv.ibclc@gmail.com) Also offering OHIP subsidized appt via <http://ontariobreastfeedingclinic.ca>
- Rawya Abdalla, MBBCh, MSc, CRGS, RDMS, IBCLC Week nights and weekends 7:00-9:00 PM Consults available in English and Arabic 613-265-4656 [rawya1@gmail.com](mailto:rawya1@gmail.com)
- Tobi-Lynn Bayarova, Registered Midwife (Quebec)/Sage-femme, IBCLC Serving Ottawa and Gatineau  
Bilingue/bilingual  
Text to: 819-661-2738
- Diane Lagace, RN, IBCLC Serving Eastern Ontario (Russell/Embrun and area) Bilingual/bilingue 613-620-7227  
[diane.lagace@gmail.com](mailto:diane.lagace@gmail.com)  
Facebook: Diane Lagace Lactation Services
- Janice Sullivan RN, BScN, IBCLC since 1995, Little Flower Lactation, In-home, in-clinic and telephone visits.  
[www.littleflowerlactation.com](http://www.littleflowerlactation.com) text:613-298-7595
- Sylvie Bender RN, BScN, IBCLC In-Home and Telephone Avail, 10+ Years Postpartum Nursing, Bilingual/Bilingue, Ottawa, Nepean & area [sylvie.ibclc@gmail.com](mailto:sylvie.ibclc@gmail.com)
- Stephanie Lemay, Nurse Practitioner, IBCLC Bilingual/Bilingue In-Home and Virtual Facebook/Instagram: [Brightside Health NP](https://www.facebook.com/stephanielemaynp) Text: 647-986-1848
- Sonya Boersma BN, MScN, RN, IBCLC Lactation Care since 2003  
In-home, in-clinic and virtual visits  
[613-355-1615](mailto:sonya@lactationcare.ca) [sonya@lactationcare.ca](http://www.lactationcare.ca) [www.lactationcare.ca](http://www.lactationcare.ca)
- Britt Pegan, IBCLC Milkface Lactation Services 1572 Carling Ave 613-596-1170 online, email, phone and in person consults available [www.milkface.com](http://www.milkface.com)
- Susan Wheat, IBCLC West-end based, City-wide visits evenings/weekends text 613-447-8726 [susanibclc@gmail.com](mailto:susanibclc@gmail.com)
- Trish Toompuu, Latch Lactation Consulting IBCLC, Pediatric RN, Home visits, Text/call 613-266-5553,  
Facebook: Latch Lactation Consulting
- Adria MacMartin, RPN, IBCLC, Rooted Family Wellness Centre 613-435-9200 [www.rootedfamily.ca/services/lactation-consultants](http://www.rootedfamily.ca/services/lactation-consultants)  
[AMacMartin66@gmail.com](mailto:AMacMartin66@gmail.com)
- Catherine Gosselin, IBCLC Oh Lait! Lactation In-Home & Virtual Services | Services à domicile & virtuels  
Book online @ [www.ohlait.ca](http://www.ohlait.ca) or call/text 613.668.5967
- Stephanie McElheran, RN, IBCLC Rooted Family Wellness Centre 613-435-9200 [www.rootedfamily.ca/services/lactation-consultants](http://www.rootedfamily.ca/services/lactation-consultants)  
[hello@rootedfamily.ca](mailto:hello@rootedfamily.ca)
- Joanne Caron, RN, IBCLC Home visits, virtual and phone consultation <https://www.facebook.com/joannecaronibclc> 613-673-2916 (text pref) [joanneibclc@creatinggreatbeginnings.com](mailto:joanneibclc@creatinggreatbeginnings.com)
- Roshena Moledina, RN, BScN, IBCLC In-home and telephone/virtual consults Text: 613-986-8316 [roshena.ibclc@gmail.com](mailto:roshena.ibclc@gmail.com)
- Laura Maiorino, RN, BScN, IBCLC In-clinic visits at Bloom Integrative Health and Movement Centre  
<https://bloomintegrativehealth.janeapp.com/locations/bloom-integrative-health-stittsville/book>