

# Consultantes en allaitement en pratique privée (IBCLC)

---

- Sonya Boersma BN, MScN, RN, IBCLC  
Lactation Care since 2003 In-home, in-clinic & virtual visits [613-355-1615](tel:613-355-1615)  
[sonya@lactationcare.ca](mailto:sonya@lactationcare.ca) [www.lactationcare.ca](http://www.lactationcare.ca)
- Sue Thériault Valin, BSc, IBCLC Visite à domicile Ottawa-Gatineau, téléphoniques et virtuel, Bilingual/bilingue 613-276-7793 [suetv.ibclc@gmail.com](mailto:suetv.ibclc@gmail.com)
- Rawya Abdalla, MBBCh, MSc, CRGS, RDMS, IBCLC Week nights and weekends 7:00-9:00 PM Consults available in English and Arabic 613-265-4656 [rawya1@gmail.com](mailto:rawya1@gmail.com)
- Trish Toompuu, Latch Lactation Consulting IBCLC, Pediatric RN, Home visits, Text/call [613-266-5553](tel:613-266-5553) Facebook: Latch Lactation Consulting
- Diane Lagace, RN, IBCLC l'est de l'Ontario (dans la region de Russell/Embrun ) Bilingual/bilingue 613-620-7227 [diane.lagace@gmail.com](mailto:diane.lagace@gmail.com) Facebook: Diane Lagace Lactation Services
- Janice Sullivan RN, BScN, IBCLC since 1995, Little Flower Lactation, In-home, in-clinic and telephone visits. [www.littleflowerlactation.com](http://www.littleflowerlactation.com) 613-298-7595
- Sylvie Bender RN, BScN, IBCLC Visites à domicile et consultations téléphoniques, Bilingual/Bilingue, Ottawa, Nepean et environs [sylvie.ibclc@gmail.com](mailto:sylvie.ibclc@gmail.com)
- Stephanie Lemay, Nurse Practitioner, IBCLC Bilingual/Bilingue In-Home and Virtual Facebook/Instagram: [Brightside Health NP](#) Text: 647-986-1848
- Emilie Trépanier, RN, IBCLC Allaitement Gatineau at Clinique Luméa. Consultations en clinique / In-clinic consults [www.AllaitementGatineau.com](http://www.AllaitementGatineau.com) Français/ English
- Karen Juteau, RN, IBCLC, Nova Perinatal Services [www.novaperinatal.com](http://www.novaperinatal.com), 819-500-3081, [novaperinatal@gmail.com](mailto:novaperinatal@gmail.com)
- Britt Pegan, IBCLC Milkface Lactation Services 200 Av Clare 613-596-1170 online, email, phone and in person consults available [www.milkface.com](http://www.milkface.com)
- Susan Wheat, IBCLC West-end based, City-wide visits evenings/weekends text 613-447-8726 [susanibclc@gmail.com](mailto:susanibclc@gmail.com)
- Tobi-Lynn Bayarova, Registered Midwife (Quebec)/Sage-femme, IBCLC Serving Ottawa and Gatineau Bilingue/bilingual Text: 819-661-2738
- Adria MacMartin, RPN, IBCLC Infant Feeding Support Services 613-867-5175 [AMacMartin66@gmail.com](mailto:AMacMartin66@gmail.com)
- Catherine Gosselin, IBCLC Oh Lait! Lactation Services à domicile & virtuels | In-Home & Virtual Services Réservez @ [www.ohlait.ca](http://www.ohlait.ca) ou par téléphone/text au 613.668.5967
- Stephanie McElheran, RN, IBCLC Rooted Family Wellness Centre 613-435-9200 [www.rootedfamily.ca/services/lactation-consultants](http://www.rootedfamily.ca/services/lactation-consultants) Email - [hello@rootedfamily.ca](mailto:hello@rootedfamily.ca)
- Joanne Caron, RN, IBCLC Visites à domicile, consultations téléphoniques & virtuel <https://www.facebook.com/joannecaronibclc> 613-673-2916 (text pref) [joanneibclc@creatinggreatbeginnings.com](mailto:joanneibclc@creatinggreatbeginnings.com)
- Roshena Moledina, RN, BScN, IBCLC Meet your feeding goals guided by expertise and empathy. In-home and telephone/virtual consults Web: [www.lactaconsult.ca](http://www.lactaconsult.ca)
- Erica Desloges, RN, BScN, IBCLC In home and telephone/virtual consults available in the Ottawa/Gatineau region. [Ericadesloges@gmail.com](mailto:Ericadesloges@gmail.com) Please text: 613-790-1362
- Jessica Maitland, IBCLC In-home (Chelsea, Gatineau, Ottawa) and virtual consults, Book online: [www.chelsealactation.com](http://www.chelsealactation.com) [jessica@chelsealactation.com](mailto:jessica@chelsealactation.com) [343-204-9886](tel:343-204-9886)
- Sandra van der Jagt, RN, IBCLC Sandra V Family Care [www.sandravfamilycare.ca](http://www.sandravfamilycare.ca) [hello@sandravfamilycare.ca](mailto:hello@sandravfamilycare.ca) (613) 807-4825